

Phoenix Plus (16-25 year olds)

Life skills and healthy minds FREE

Active Wednesday including badminton, swimming and basketball 11am - 2pm.

Term time only

Wednesdays 2pm - 5pm

- create a YouTube film
- Learn about the driving theory test
- Plan a party

Sip and Sign — BSL CHAT CLUB Fun and friendly

Wednesdays in term time

6.30pm - 8.30pm at Phoenix. £1

Creative Thursdays including photography, painting and clay

11am - 2pm Term time only

This term's topics will help to

- Reduce stress and anxiety
- Increase friendships
- Reduce isolation
- Increase fitness
- Increase knowledge and skills

Autumn activities

Wednesday 12th September

Committee meeting: 1.30pm - 2.45pm

Saturday 22nd September:

Learn about benefits and what you might be entitled to. 3pm - 5.15pm at Phoenix.

Tuesday 30th October:

You run the party for youth group 2pm - 6pm: preparation, non alcoholic cocktails, scary make up and party games.

6pm - 8.30pm: Scary movie

Saturday 3rd November: Drama at Phoenix 11am - 4pm

Wednesday 5th December:

Christmas shopping & dinner at Milton Keynes, 2pm - 8pm

Saturday 8th December:

Volunteer at the children's Christmas party. Jim MacDonald Centre, Hatfield, 2.30pm - 5.30pm

Thursday 20th December

Cook and eat Christmas dinner from 2pm - 6pm

Ice skating at Great Amwell

6pm - 8.30pm £5

ACTIVITIES FOR YOUNG PEOPLE

Autumn 2018



Group for Deaf and Hearing Impaired Children and Young Adults

Email: youth@phoenixgroup.org.uk

Website: www.phoenixgroup.org.uk

Tel: 01438 722142 Text: 07519175575

Charity Number: 1123119

Some things you should know...

- We have a group for young people aged 13-17 and we have a group for young adults from aged 16 to 25 years. If you are 16 or 17 years old, you can come to both or either of the groups.
- Some people use British Sign Language and some people do not. There will be a British Sign Language Interpreter at all of the sessions.
- Everyone's hearing loss is different, ranging from mild to profound, everyone is welcome.
- We are a friendly and relaxed group, you won't be made to do something that you don't want to do.
- There is a community transport scheme in Hertfordshire that can help you get to Phoenix if transport is a problem. Please ask us for details.

Phoenix Group for Deaf Children

The Hyde Out, 2-6 the Hyde, Stevenage, Herts, SG2 9SE



For more information, please contact Julie:

Email: youth@phoenixgroup.org.uk

Text/Call: 07519175575

or book activities online at www.phoenixgroup.org.uk

BSL USERS : Information where? BSL videos at
www.phoenixgroup.org.uk

YOUTH GROUP (13 -17s) **Thursdays 'I can' project**

Thursday 13th, 20th, 27th September and 4th October

GOLF at the driving range in Stevenage

4pm - 7pm. **FREE**

Thursday 15th, 22nd, 29th November and
6th December

BADMINTON at Gosling Sports Centre, Welwyn
Garden City 4pm - 7pm **FREE**



Collections are available after school from Knightsfield
School and some local colleges (depending on where).

Please ask for more information

Youth Group (13-17 year olds)

Saturday Sessions

September 22nd, 1pm - 3pm:

Introduction to Youth Group at the Phoenix Centre. Big screen, PlayStation & other activities. Siblings and/or friends age 13-17 are welcome to come along with you today. Current Youth Group members welcome too. **FREE**

October 6th, 1pm - 4pm: Starbucks and on to Crazy Golf at Stevenage Leisure park. £5 plus money for Starbucks.

November 3rd, 11am - 4pm: Drama workshop with Deafinitely Theatre at Phoenix. **FREE**

December 8th, 11am - 2pm: Christmas shopping and lunch in Welwyn Garden City. Money needed for shopping & lunch

December 8th, 2.30pm - 5.30pm: Volunteer at Phoenix children's Christmas party, Jim MacDonald centre in Hatfield. 3pm -5pm **FREE**

HALF TERM

Monday 29th October

10.30am - 12pm: Pumpkin sculpture

12pm - 1.15pm: Dance

1.15pm - 3.30pm: Lunch and Youth Committee meeting

Tuesday 30th October, 3pm - 6pm: Learn Halloween make up and make spooky Halloween cocktails.

Halloween party games and best costume competition organised by Phoenix Plus. **FREE**

Thursday 1st November, 11am - 1pm: Football skills at Westfield Community Sports Centre, Watford. **FREE**



DIWALI

Wednesday 7th November: Diwali art and food celebrations at Phoenix, 4pm - 6pm. **FREE**



CHRISTMAS

Thursday 20th December, 4pm - 8pm: Christmas dinner at Phoenix (£2) and ice skating at Great Amwell (£5)

Over 16s activities on the next page