

# Hitchin Partnership CIO

## Family Support Services

Registered Charity No: 1158637 | <http://hitchinpartnership.org/>

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**Providing a quality family support service with experienced and qualified Family Support Workers.**

**Hitchin Partnership Team** provides a family support service to 26 schools in Hitchin and the surrounding villages. We work alongside families giving practical support and **user friendly parenting strategies**.

The team is experienced in supporting families where children have Special Educational Needs and Disabilities and provides advice on friendship and bullying issues. This includes looking at **family routines**, addressing **attendance** and **challenging behaviour**.

Through the support of local community groups and fundraising we provide **practical help** in times of hardship and crisis. Our service prides itself on joined up working to ensure the whole family is supported to achieve the very best outcomes. This in turn helps **families build confidence** with parenting approaches, providing children with happier and healthier lives to **enable** them to **achieve** their best.

### Our Services

#### Why a Family Support Worker?

Referrals to our support service come through your child's school and are only provided with parental consent. We can help with a number of things relating to your child and family life. This could be signposting the right services, attending appointments with you, help completing forms, concerns over debt or perhaps giving guidance on trying new routines to help at home.

#### How to get support

Your child's school will discuss with you why they think a referral will be beneficial. If you are unsure at this stage, one of our team members could meet with you at your child's school. Once you have agreed to the referral and have consented to our intervention, one of our team members will call you to arrange an initial meeting. This could be held at our offices in Hitchin, at your child's school or in your home.

Together we would hope to:

- Promote family led approaches that are realistic and sustainable for you.
- Identify strengths, help to build upon self-esteem and confidence to sustain changes.
- Offer regular meetings together to review progress and barriers.
- Work alongside you as a professional friend.

## Family Support

- ✓ EHM/TAF support
- ✓ Routines and Parenting Strategies
- ✓ Issues with friendships
- ✓ Mediation
- ✓ Bullying
- ✓ Temperamental Teenagers
- ✓ Relationships

## Behaviour & Attendance

- ✓ Analysing family routines/lifestyles; enabling good homework/bedtime routines
- ✓ Establishing strategies for pupil/staff and parents to undertake to provide consistency in approach
- ✓ School attendance
- ✓ Admissions support
- ✓ Transition/Appeals support
- ✓ Protective Behaviours facilitators
- ✓ Experience with supporting
- ✓ Special Educational Needs

## Emotional Wellbeing Support

- ✓ Empowering children
- ✓ Raising self-esteem and confidence
- ✓ Reducing stress and anxieties
- ✓ Support with family breakdown and relationships

## Financial

- ✓ Looking at budgeting, debts, signposting for further help.
- ✓ Signposting and support around debt and risk of eviction.
- ✓ Sourcing essential household items or clothing.
- ✓ We are members of the Hitchin Food Provision Team
- ✓ Authorised agency for Foodbank.
- ✓ Enabling children to attend activity clubs during school holidays.

## Hitchin Partnership Schools



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Partnership Manager

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**Irene Bamberough**

Senior Family Support

**Margaret Brannigan**

Family Support Worker

**Karen Vincent**

Family Support Worker

Lead School – Mary Exton Primary School

**Angharad Patterson and Tracy**

**Clements – Co Headteachers**

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See website for signposting, local information, training and school holiday activity summary.

<http://hitchinpartnership.org/>

